



## Diocese of Athabasca

### Sunday School Lesson Plan – Sunday, October 5, 2025

Here's a Sunday School Lesson Plan for young children (ages 4–8) using the Revised Common Lectionary readings for October 5, 2025 – Seventeenth Sunday After Pentecost, Proper 27 (Year C):

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### Theme:

**“Even a Little Faith is Enough”**

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### Bible Readings Summary:

- **Lamentations 1:1–6; 3:19–26** – The people are very sad, but they remember that God's love never ends and they can still hope in Him.
  - **Psalms 137** – God's people were far from home and missed their city.
  - **2 Timothy 1:1–14** – Paul tells Timothy to be strong, hold onto his faith, and remember the gift of God.
  - **Luke 17:5–10** – Jesus says even faith as small as a mustard seed can do great things.
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### Main Idea for Children:

Even if our faith feels very small, it is powerful because we trust in a big and loving God.

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## Lesson Plan

### 1. Welcome & Prayer (5 minutes)

- Gather children in a circle.
  - **Prayer:**  
“Dear God, thank you for bringing us together today. Help us to understand that even a little bit of faith can do big things with your help. Amen.”
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## **2. Bible Story Time (10–12 minutes)**

### **Focus Story: Luke 17:5–10**

Tell the story simply:

- The disciples asked Jesus to give them more faith.
- Jesus said: *“Even if your faith is as tiny as a mustard seed, you can do amazing things.”*
- A mustard seed is one of the smallest seeds, but it grows into a big tree.
- Jesus wants us to trust Him, even if we feel small.

### **Questions:**

- What did the disciples want Jesus to give them?
  - How big is a mustard seed?
  - Do we need a lot of faith, or just a little?
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## **3. Object Lesson (5–7 minutes)**

### **“The Mustard Seed Jar”**

- Show the children a jar with tiny mustard seeds (or another small seed).
  - Say: “This is very small, but look how big the plant can grow. Our faith may feel small sometimes, but God makes it grow!”
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## **4. Craft Activity (10–15 minutes)**

### **Craft: “Faith as Small as a Seed”**

- Materials: Construction paper, glue sticks, crayons, and real seeds (mustard seeds if possible, or any tiny seeds).
- Children draw a tree or flower.
- Glue a small seed at the bottom to show how something little grows big.
- Write: *“My faith can grow with God.”*

## **5. Snack Idea (10 minutes)**

### **“Seed Snack Mix”**

- Serve a small snack mix that includes seeds (like sunflower seeds or pumpkin seeds) along with raisins or small crackers.

- As they eat, say:  
*“These seeds remind us that even something very small can grow big with God’s help. Just like these little pieces make a tasty snack, small acts of faith can do big things for God!”*

*(Alternative for allergies: use small cereal pieces like Cheerios instead of seeds.)*

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## **6. Game (10 minutes)**

### **“Mustard Seed Relay”**

- Materials: two spoons, two bowls, and something tiny to carry (mustard seeds if available, or dried beans, lentils, or even marbles).
- Divide the kids into two teams.
- Each child must carry one “seed” on a spoon across the room and put it into a bowl.
- Then they hand off the spoon to the next player.
- First team to get all their “seeds” in the bowl wins.

### **Lesson tie-in:**

Say: *“Carrying one little seed doesn’t seem like much, but when we all work together and trust God, little things become big!”*

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## **7. Psalm Connection (5 minutes)**

Read **Lamentations 3:22–23** (child-friendly translation):

*“The Lord’s love never ends; His mercies never stop. They are new every morning.”*

Teach children to say together with motions:

- “God’s love never ends” (make a big circle with arms).
  - “God’s love is new every morning” (stretch up like waking up).
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## **8. Closing Prayer & Song (5 minutes)**

### **Prayer:**

“Thank you, God, that even when we feel small, you make our faith strong. Help us to trust you every day. Amen.”

**Song:** *“Jesus Loves Me”* or *“He’s Got the Whole World in His Hands.”*

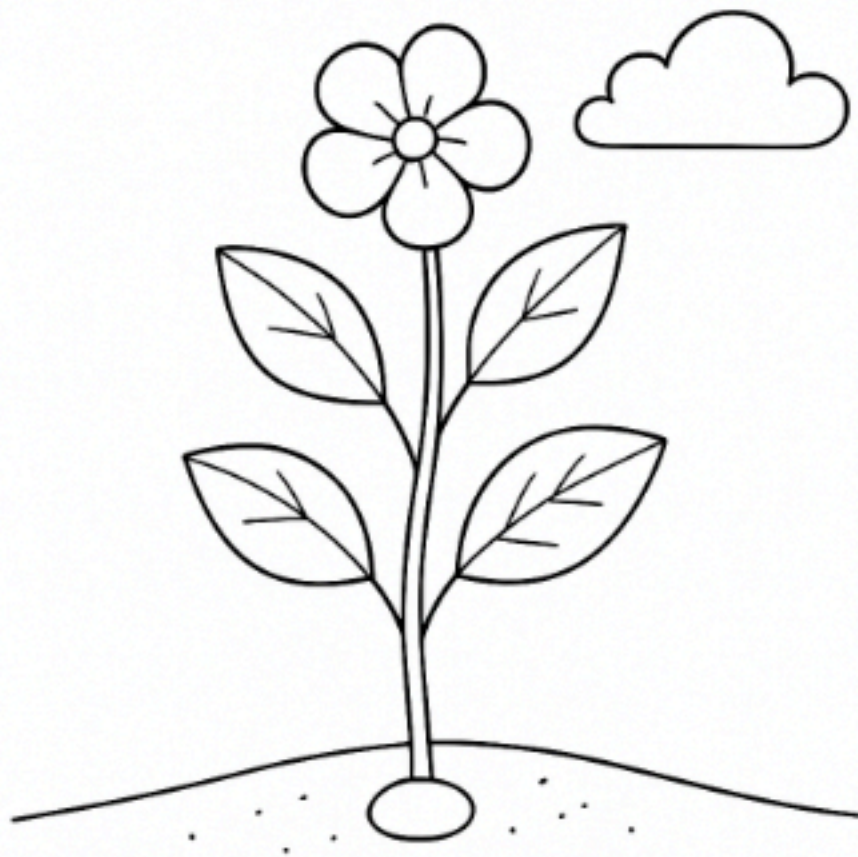
**9. Take-home idea:**

Give each child a small envelope with a few seeds inside and the verse:

*“Faith as small as a mustard seed can move mountains.” (Luke 17:6)*

# FAITH AS SMALL AS A SEED

Luke 17:6



My faith can grow  
with God.